



# Get the **FACTS** About the **COVID-19 Vaccine**



## **The Vaccine Helps Keep You Healthy & Out of the Hospital**

97% of people currently hospitalized with COVID are unvaccinated.



## **The Vaccine is Safe and Proven**

The FDA initially approved each of the three COVID vaccines for emergency use based on scientific evidence from a wide range of clinical trials showing it was safe and effective. The research used to develop the vaccines has been worked on for decades, long before COVID came along. **The FDA recently issued full approval for the Pfizer vaccine.**



## **The Vaccine is Essential Even If You Already Had COVID**

People who were infected with COVID can get the virus again and the vaccine protects you by dramatically reducing your risk of re-infection.



## **The Vaccine Does Not Give You COVID; It Helps You FIGHT COVID**

All three of the COVID vaccines deliver genetic material to your cells that help your body to develop antibodies to recognize and fight the virus should it come along.



## **The Vaccine Helps You Protect Others**

Children age 12 and under are still not yet eligible to get the vaccine. When you get the vaccine, you reduce the risk of passing the virus on to your kids, family, and coworkers.



## **The Vaccine's Side Effects are Mild and Temporary**

The side effects of the vaccine, including temporary injection site pain, fatigue, and occasional fever, headache, or muscle aches fade within 1-2 days.



## **The Vaccine is Available to EVERYONE**

Everyone age 12 and older is eligible to receive the COVID-19 vaccine. To find one near you visit [vaccines.gov](https://www.vaccines.gov).

**For more information about the vaccine,  
visit [UFCW.org/vaccines](https://www.ufcw.org/vaccines).**